# DECIDING WHETHER YOU SHOULD HELP WITH

# SUPERVISION

independent children's lawyers





Supervision means that the court wants a responsible third person present when a parent spends time with their child.

## WHY DOES THIS TIME NEED TO BE SUPERVISED?

There may be a number of reasons a court requires supervised time between a parent and child. Some reasons may include:

- The child has not seen the parent for a time, and the court thinks that some gradual reintroduction will help.
- Someone has claimed that the child is afraid of the parent.
- The child may have asked to have someone else present.
- The court is concerned about the safety of the child in the parent's care.

#### IS THE ROLE A PAID POSITION?

The role is not a paid position and you will need to cover your own expenses including travel costs.

As a supervisor, you need to make sure the child is safe during their time with the parent. This means you must stay with the child the whole time. You should be able to see them at all times, remain within earshot and make sure they know where you are in case they need to talk to you.

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If the parent acts in a way which may harm, frighten or upset the child, you will need to step in and stop the behaviour or remove the child from the situation.

At no time can you leave the parent and child alone or leave the visit to return later.





#### SHOULD I AGREE TO SUPERVISE?

Before you agree to become a supervisor, ask yourself this:

#### Do I support time together?

If you personally do not agree with this parent having time with this child, you shouldn't agree to a supervision role. It may do harm to your relationship with both parents and with the child, it may be better to say no.

#### Can I commit to this role?

Agreeing to supervise time together is a significant commitment of your time, so be realistic about whether you are willing and available to take it on. If not, it is better for another person to supervise all the way through, rather than having to change supervisors after a few weeks.

Usually, supervision is a regular commitment of several hours at a time. It is usually once or twice a fortnight, but sometimes can be as frequent as every few days. If the parent is employed, time together will usually be in the evening or on a weekend, and can usually continue for a few months.

## Am I prepared to say "NO" to the parent?

The court will be relying on you to make this time safe for the child. This may mean that you have to step in and stop the parent from doing something which is dangerous or distressing to the child. Saying "no" can be difficult to do, but essential in keeping the child safe.

#### Am I scared of the parent?

If you are afraid of the parent, or do not feel able to stand up to them, you may not be an effective supervisor.

### Am I willing to be a witness in court?

Supervisors can be asked to report to the court on how time together is going, and can be called to give evidence at trial. You may be asked to sign a document (called an Undertaking) agreeing to do this.

This may mean you will have to testify against your family member or close friend, if time together has not gone well. This can put a great strain on relationships.

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If you become concerned that the child is really not safe with the parent during the visit, or the child is o so distressed by the visits that time together is not in their interests, you should make this known to the court or the Independent Children's Lawyer (who may have been appointed by the court to represent the child's best interests). You may have to refuse further supervision. As a supervisor, you cannot stand by and see the child come to harm.

#### THINGS TO REMEMBER

Your role is important but try to be as unobtrusive as possible. Both the parent and the child are likely to be very emotional and may be out of practice at relating together. With patience, the parent and child may be able to work things out in their own way.

Remember that supervised time has not been arranged for the child to see you, but for them to see the parent. Although you yourself may be keen to develop your relationship with the child, supervision is not really the opportunity for you to do this. Stay in the background unless there is something which calls for your intervention.

Independent Children's Lawyer's name:

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